



Help! My husband's addicted to porn!

If these words are familiar to you or someone you know, you've found the right book. “Fight for Love” is a biblical battle plan for wives seeking to take their marriage back from porn.

In these pages you'll discover:

- The science behind why your husband struggles to stop watching porn.
- Why the wrong marital advice will only make things worse.
- How to help your husband get free and stay free from porn.
- How to best protect your kids and yourself from porn.
- What fighting against porn will do for you, your marriage, your family, and your faith.

Pornography is a billion dollar industry and a national epidemic seeping into our homes, and taking marriages captive. In the battle against porn, instead of hiding, faith-filled women must engage this issue head-on, armed with a right understanding of biblical truth and

their roles as wives and mothers. With God's help and a battle plan in hand, wives and their husbands can face the darkness and emerge victorious, taking back their marriages and families.

While many wonderful and needed books address healing from the aftermath of porn, this compelling book empowers wives who want to stay and fight right now—for their marriage, for their family, and for love.

Are you ready to step into the light and fight?

Book information

- **Paperback:** 208 pages
- **Publisher:** B&H Books (April 14, 2020)
- **Language:** English
- **ISBN-10:** 1535967323
- **ISBN-13:** 978-1535967327
- **Product Dimensions:** 5.5 x 0.5 x 8.5 inches

Publicity requests

Please direct media requests for Rosie to Jenaye White, Jenaye.white@lifeway.com, who can provide high-resolution images and other publicity assets and discuss interview availability and content ideas. The book is available on NetGalley, for print review copies please contact Jenaye.

Why Rosie?

- According to a study conducted by Dr. Jason S. Carroll, only 37% of married men said they had never viewed porn ([source](#)). Porn is more likely to affect a marriage than it is to not affect a marriage—and Rosie's book shows women how to take their marriages back from porn.

- Even if women know porn is a problem for their husbands, they often don't know what to do about it. Rosie shows them practical ways to address the problem and save their marriages.
- Because porn once threatened her marriage, Rosie can relate deeply to the women reading her book because she has been in their exact situation and has overcome it. She is living proof that a marriage can be saved from porn and its damage.
- Rosie helps her readers be proactive—most women don't know that porn is a problem in their marriages until it's too late. Rosie gives readers what they wish they had ten years before. She helps empower women to take swift action to reduce the damage.
- Porn is often perceived as a struggle specific to men, but Rosie also helps women who struggle with porn to overcome and break free from their shame.
- Today, Rosie works together with her husband, Mark, now a certified sexual addiction therapist, to share a message of hope and truth inside and outside the church. They are living proof that you can take your marriage back from porn.

About Rosie

Rosie Makinney is a writer, speaker, and podcaster, who ten years ago entered the fight against her husband's compulsive porn use. Through her faithful and uncompromising stance and his repentance, counseling, and group work, their marriage is now porn-free. From the very beginning of her journey, Rosie has been bold and relentless about reaching other wives struggling with porn-invaded marriages. There is now a thriving recovery community on the central coast of California, supervised by her husband, Mark, a certified sexual addiction therapist. Rosie is the founder of Fight For Love Ministries, which empowers women with both the facts and the faith to fight against porn addiction and its effects on them, their spouses, and their families. Connect with her at www.fightforloveministries.org.



Q&A with Rosie

What prompted you to write this book?

The porn crisis in the Church is a threat of Goliath proportions: 79 percent of men attending an evangelical church use porn.

There are many great ministries out there picking up the wounded, helping men get free and their wives heal from the betrayal, but the problem is that by the time a couple reaches out to these ministries, their marriage is usually in crisis. Porn addicts do not generally reach out for help until something forces them to, and because of shame, bad advice, and a lack of education about porn addiction, wives do not reach out for assistance until they are desperate. So, what we currently have is a situation where one half of the body of Christ is completely paralyzed, and the other half is watching porn.



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Publication date: 4.14.20

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I want to educate and empower wives to move out of their paralysis and take proactive action that will protect their marriages, and save them years of both heartache and pain. I want the Church to understand what a powerful force they have sitting silently in the pews. With porn contributing to half a million divorces every year, and 64 percent of Christian households admitting that porn is an issue for them, it is no longer enough to pick up the wounded; we have to go on the offensive. In the church’s epic battle against porn, an army of proactive faith-filled women standing firm against porn is vital to success. This book is the recruitment manual for such an army.

Who did you write it for?

I wrote this book for women who are tired of feeling rejected, inadequate and used because of their husbands’ porn use. Women who need to hear that their longing for emotional connection, their desire to feel cherished and adored, their hope for a truly monogamous marriage and their need to feel valued and heard are not naïve or unrealistic—women who refuse to accept that this is all Jesus has for them.

My hope is that this book:

- Gives hope to the woman whose husband has forsaken her in favor of porn
- Comforts the woman who believes her husband would stop if he really loved her
- Educates the woman who thinks porn is harmless
- Reassures the woman who feels that it is her fault
- Empowers women to take proactive, biblically sound action to take back their marriages
- Breaks the shame of women who struggle themselves
- Wakes up parents to the growing problem of porn addiction amongst girls
- Provides a baseline of knowledge for all women, whether personally affected or not
- Equips leaders in the Church to give good advice

As you speak to groups around the country, what are some of the biggest misconceptions about porn addiction that you hear?

The main misconceptions that I hear about porn addiction are:

- It’s my fault.
- He wouldn’t do it if he really loved me.
- I can compete with porn; I just need to try harder.
- Porn is harmless.
- Porn addiction isn’t a real thing.
- I need to get over myself and lower my expectations; everyone does it.
- A porn-free marriage is unrealistic.

The danger of these misconceptions is that they lead to wives futilely flip-flopping between trying to compete with porn and pretending that it isn’t really affecting their marriage. Both of these strategies



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actually make things worse, by enabling the hook of addiction to sink in further, and preventing husbands from experiencing the natural consequences of their sin.

What problems result from porn addiction in a family? How might this book help?

Porn is the quiet killer of families, as it slowly and progressively destroys trust and intimacy between mothers and fathers. Studies have proven that the longer porn is present in a marriage, the unhappier both spouses become. Going by current divorce rates, obsessive porn use contributes to half a million divorces a year.

And then there's the effect on children. Even if kids are not exposed to the risks associated with accidentally stumbling across porn as a direct result of a parent's habit, they are still indirectly impacted by the marital conflict it causes. By encouraging a wife to undertake early intervention, this book will help her not only protect her marriage but also her children.

What is your advice to a woman who is scared to talk about this topic?

First, I would validate her fear and say her instinct to be cautious and selective with whom she shares is a good one. With all the misconceptions and misinformation out there, the last thing she needs is to share with someone who knows nothing about porn addiction and may inadvertently shame or blame her. I would advise any woman who finds herself in this situation to do some research and find someone, in person or online, who has experience dealing with porn addiction and can listen without judgment, give her sound advice and hopefully connect her with other women going through the same thing. As soon as she finds her tribe of people who “get” it, everything will change for her.

How do you go about teaching women how to break the shame and remove the stigma of what they are going through?

Educating yourself with the facts is a great way to loosen the grip of shame. But its power over you will only be fully broken when you begin to share your struggles with others and experience the grace and acceptance of God through them. This “walking in the light” is true biblical fellowship in action. And nothing is more healing than sitting in a room full of nice, “normal” women who are going through exactly the same thing as you. The amazing thing about the power of recovery fellowship is that those who start out utterly crippled by shame often end being the boldest about sharing their stories.

What do you hope women learn from this book, and how do you hope they are changed after reading it?

My hope is that women come away convinced that the only faithful and effective way to deal with porn in their marriage is to take a firm stance of zero tolerance, and the sooner the better. Chapter by chapter, I hope they experience a growing sense of hope and anticipation as the fears, lies and misconceptions



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that have held them back are dismantled and corrected. Above all, this is a book about inspiring women to trust in God, pick up their swords, and go fight for their marriages under His authority, through His strength, by obeying His Word.